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Claims

- 1. Food product fermented with one or more lactic acid bacteria, comprising 4-10 wt.% soy protein, characterised in that the food product comprises at least 0.2 wt.% hydrolysed protein.
- 2. Food product according to claim 1, wherein the food product comprises at least 0.5 wt.% hydrolysed protein.
- 3. Food product according to claim 2, wherein the food product comprises at least 1.5 wt.% hydrolysed protein.
- 4. Food product according to claim 3, wherein the food product is fermented with Streptococcus thermophilus and Lactobacillus bulgaricus.
- 5. Food product according to any of claims 1 to 4, wherein the hydrolysed protein is hydrolysed soy protein.
- 6. Food product according to any of claims 1-5, wherein the food product comprises 0.2-10 wt.% oil and/or fat.
- 7. Food product according to claims 6, comprising 0.5-2 wt.% oil and/or fat.
- 8. Food product according to any of claims 1 to 7, wherein the food product has a Stevens value of 50 to 300 g.
- 9. Food product according to any of claims 1 to 8, having a viscosity of 10000 to 800000 mPa.s.

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- 10. Food product according to any of claims 1 to 9, wherein the food product comprises 0.1-3 wt.% milk protein.
- 11. Process for the preparation of a fermented food product, wherein a starting material comprising soy protein is fermented with one or more lactic acid bacteria, characterised in that 40 wt.% or more relative to the total amount of soy protein is hydrolysed soy protein.
- 12. Process according to claim 11, wherein the starting material comprises a mixture of non-hydrolysed soy protein and hydrolysed soy protein.
- 13. Process according to claim 12, wherein the mixture comprises 50-95 wt.% of hydrolysed soy protein relative to the total amount of soy protein.
- 14. Process according to claim 12 or 13, wherein the mixture is prepared from hydrolysed soy protein isolate and non-hydrolysed soy protein isolate.